GENERAL ARTICLE

HIGH-RISK NEONATES - FOLLOW UP PLANNING

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Abstract: *High-risk neonates require comprehensive follow-up planning to ensure optimal development and health outcomes. Timely identification and enrolment in follow-up programs are crucial for monitoring growth and addressing neurodevelopmental challenges. A multidisciplinary approach involving healthcare professionals from various fields enhances the effectiveness of interventions. Regular assessments and family education are essential to support the infant's development and facilitate early detection of potential issues. Ultimately, a well-structured follow-up program aims to improve the quality of life for high-risk infants and their families.*

Keywords: *High - risk neonate, Neuro developmental outcome, Follow-up plan.*

Points to Remember

- *Identify high-risk infants before NICU discharge to enable timely enrolment in a follow-up program.*

- *Adopt a multidisciplinary approach involving pediatricians, developmental clinicians, therapists, and social workers for comprehensive care.*

- *Conduct regular assessments at appropriate intervals using standardized tools like DASII or Hammersmith examinations to detect developmental delays.*

- *Educate and support families on the importance of follow-up care, developmental expectations, available resources, and necessary interventions to foster optimal growth and development.*

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